

## **MY EXPERIENCE AT CSNN**

**MY TIME SPENT STUDYING AS A MATURE STUDENT AT THE CSNN TORONTO BRANCH HAS BEEN THE HIGHLIGHT OF MY CAREER!**

**BEING A BUSY MOM WITH TWO YOUNG CHILDREN, I FOUND THE SCHOOL TO BE VERY FLEXIBLE, IT ALLOWED ME TO MAINTAIN A BALANCE BETWEEN SCHOOL AND HOME LIFE. THE INSTRUCTORS WERE EXTREMELY KNOWLEDGEABLE, UP TO DATE ON CURRENT NUTRITIONAL RESEARCH. THE SMALLER CLASSROOM SIZE IS CONDUCIVE FOR DISCUSSIONS, SOMETHING YOU MAY NOT HAVE IN MOST POST SECONDARY SCHOOLS. YOU ARE ABLE TO LEARN THINGS THAT YOU CAN'T FIND IN TEXT BOOKS. THE PRACTICUMS WERE VERY VALUABLE AND ALLOW YOU TO BECOME EDUCATED ON TOPICS THAT COMPLEMENTS HOLISTIC NUTRITION. PROFESSIONAL PRACTITIONERS, TECHNICIANS AND SOME IN THE MEDICAL FIELD RELAY THEIR KNOWLEDGE ON SPECIALIZED TOPICS SUCH AS DETOXIFICATION, ALLERGIES, STRESS, HERBOLOGY, AND ENVIRONMENTAL ISSUES. BEING A MEMBER OF THE CSNN ALUMNI WILL FURTHER ALLOW ME TO MAINTAIN FRIENDSHIPS WITH LIKEMINDED PEOPLE, KEEP ME ABREAST OF NEW DEVELOPMENTS IN THE FIELD, AND ALSO FOR NETWORKING PURPOSES. THE ALUMNI MEETS MONTHLY AND ALSO PUTS ON THE ANNUAL CONFERENCE AND OTHER AMAZING EVENTS TO SUPPORT GRADUATES.**

**MICHELLE WEIR**

**GRAD 2008**

Excellence Award Recipient

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